



## **Policy – Rail**

**Title: Medical Standards**

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### **Medical Examinations are carried out in accordance with Network Rail's requirements.**

All medical examinations are carried out by RISQS approved occupational health practitioners. Any Medical examination is to be accompanied with an alcohol and drug test as outlined in NR/L1/OHS/051.

### **Certification of medical fitness**

Certification is issued by the practitioner and filed in the relevant personal file. The details are also entered onto the staff database.

### **Identification of limitations as applicable**

Any limitations are identified on the certificate and entered onto the staff database. This could include hearing or vision defects or the need to be accompanied.

### **Expiry date with regard to age**

Medical certificate age related expiry dates are in accordance with Network Rail's requirements. The expiry date is entered onto the staff database and can also be found on the individual's Sentinel Card.

The staff database is used as an advanced notification system which indicates when medical certification is due to expire.

### **Glasses/contact lens wearers**

Records of those members of staff who wear glasses/contact lenses are maintained in the personal files.

### **Glasses/contact lens wearers briefing**

All staff are issued with an internal memorandum on the requirement for contact lens wearers to carry spectacles at all times when on site. They are required to return a signed copy of this to the Rail Administrator as an acknowledgement that they have understood, and will comply with, the policy. The returned copy is filed in the personal files. Checks are also made during personnel audits by senior members of staff, details of which are recorded.

### **Laser Eye Surgery**

Any sponsored staff that have undertaken laser eye surgery should advise Core Rail.

### **Records**

The Rail Administrator compiles, updates and files all records. The Rail Administrator also arranges medical re-certifications when they are due (as indicated by the advance flag up system incorporated into the staff database).



**Failure of medical examination**

Should any member of staff fail a medical examination Core Rail will withdraw the individual's competency certification and inform Sentinel through the recognised procedures.

**Defective colour vision**

Defective colour vision will restrict the safety certification which can be held to; as per Network Rail Company Standard NR/L2/OHS/00124.

**Notification to COSS**

Any restriction or impediment must be notified by any individual to the COSS before work commences.

Signed:

A handwritten signature in blue ink, appearing to be 'R. J. O.', written over a horizontal line.

Position:

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Dated:

9/3/21